

FMLA

YOUR RIGHTS AT WORK

If you have questions about your rights under the Family and Medical Leave Act, we have the answers.

Current federal law provides full-time employees with at least 12 months of federal service with up to 480 hours—12 total weeks—of accrued or unpaid leave each year for family and health-related purposes.

You are entitled to FMLA leave for:

- The birth or care of a child, or for adoption/foster care placement;
- Caring for an immediate family member or parent suffering from a serious health condition; and
- A serious health condition of your own that leaves you unable to perform your job duties.

With FMLA rights, you are allowed to:

- Share in family care responsibilities with a spouse;
- Use leave on an intermittent basis so you can balance family life and health care responsibilities with your work schedule; and
- Have greater flexibility when dealing with routine, or unexpected, medical needs.

For more information on FMLA, contact a chapter officer or steward.

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